

## Qualification Requirements

- Under 19 years of age
- Pregnant or parenting
- Live in Placer County

## How to Sign Up

Contact us to set up a time to meet with a case manager and enroll in the TAPP Program:

Auburn (530) 889-7141  
All Other Areas (800) 829-7199



## Teenage Pregnancy and Parenting (TAPP) Program



11572 B Avenue  
Auburn, CA 95603  
(530) 889-7141 Auburn  
(800) 829-7199 All Other Areas



## What is the Teenage Pregnancy and Parenting (TAPP) Program?

The TAPP program focuses on Positive Youth Development (PYD), helping you see what is positive in your life. Working with a case manager, you will focus on your strengths, explore your values and set goals for your life. The program offers activities to explore what is important to you. As you work through the program, you will increase your knowledge and abilities. When you are done, you will have learned skills needed to reach your goals.

## How Much Does TAPP Cost?

TAPP services are free. You will be told ahead of time if there will be a cost for any service you might need that is not offered by the TAPP program.

*You are not alone. There is help.*



## About the TAPP Program:

Your case manager will visit with you twice a month for about an hour.

The TAPP Program is voluntary, but we hope you will work with us for at least 12 months. This will give you the time and attention you deserve in creating a plan for your life.

We believe in you and know you are up to the challenge.



## Topics that you will explore:

- Your goals
- Taking care of yourself
- Taking care of your baby
- Healthy relationships
- Family planning and safer sex
- Education and job/career

## TAPP Can Help You:

- Think about your dreams
- Build on your personal strengths
- Manage difficult situations
- Set goals for a successful future

